



Ottawa Special Olympics

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FOR IMMEDIATE RELEASE

OTTAWA SPECIAL OLYMPICS TO MAKE A BIG SPLASH AT OTTAWA CARLETON CATHOLIC SCHOOL BOARD SWIM MEET

OTTAWA, ON (May 7, 2007) - Students of all ages will make a big splash this year as they take the plunge and compete in the annual swim meet held by Special Olympics Ottawa and the Ottawa Carleton Catholic School Board. The sporting event is intended for students with intellectual disabilities from the Ottawa Carleton Catholic School Board as an opportunity for students to have fun and compete with their classmates. The swim meet will be held on Tuesday, May 15, 2007 at the Nepean Sports Complex from 10:00 am until 1:30 pm.

“We are excited about continuing our partnership with Ottawa Carleton Catholic School Board to provide students of all ages with intellectual disabilities the chance to compete and have fun with their fellow peers, says Shelley Freake, Ottawa Area Coordinator. “Events such as the swim meet provide positive sports opportunities for students to enjoy the physical benefits of improved health and athletic ability in a social setting so that they may also develop their social skills and cultivate new friendships with other students.”

This is the sixth year that Ottawa Special Olympics and the Ottawa Carleton Catholic School Board have teamed up to coordinate this fun sporting event. For additional information on the swim meet, or for further details regarding the Ottawa Carleton Catholic School Board, please visit their website at www.occdsb.on.ca.

About Special Olympics

Special Olympics is a charitable, non-profit organization that provides sports training and competition opportunities for individuals with an intellectual disability.

The Ottawa District Community of Special Olympics Ontario has over 250 volunteers and over 500 athletes who participate in sixteen sport disciplines throughout the year. If you would like to learn more about Ottawa Special Olympics and how to become involved as an athlete or volunteer, please visit our Web site at www.ottawaspecialolympics.org or call the Community Phone Line (613) 860.6184.